



# Hawke Sea Scouts

## Camping Gear List

### Ensure all gear is named

- ✓  Stretcher or lilo or roll mat (insulation mat)
- ✓  Sleeping bag and liner
  - Blanket, maybe
  - Pillow, maybe
- ✓  Pajamas / clothes to sleep in
- ✓  Torch or headlamp and spare batteries
- ✓  Toilet gear (toothbrush etc)
- ✓  2 Towels
- ✓  2 changes of underwear
- ✓  2 changes of clothes
  - Socks, maybe
- ✓  Fleece / warm gear for evenings
- ✓  Spare shoes
- ✓  Raincoat – waterproof **not** just showerproof
- ✓  Plate, bowl, cup, knife, fork and spoon, 2 x tea towels – all in cloth bag (not a plastic bag)
- ✓  Drink bottle for water
- ✓  Personal first aid kit if you have one
- ✓  Pen and notebook
- ✓  Plastic bags for dirty / wet clothing etc.
- ✓  plain white T-shirt to wear on parade (no logos)
- ✓  Hawke scarf and woggle
- ✓  Pack or bag to carry all the above
- ✓  One container of home-baking please !

# Sailing Gear List

you need to come prepared for *any* weather. You may get wet early in the day and remain wet for most of the day, so warmth is important, even in summer and even if it's sunny. You should wear clothes which are warm when wet, plus a windproof top layer. A few thinner layers are better than one thick layer. Quick-drying clothes are useful. I personally find that a combination of wetsuit boots, togs, long wetsuit, sunhat and maybe a thin windproof cycling jacket are good for most days. So bring a combination of the following. From the ground up:

- ✓  Wetsuit boots (recommended) or sneakers that can get wet
- ✓  Swimming togs
- ✓  Wetsuit (recommended) or the following 3 lines:
- ✓  Long polypropylene thermal underwear
- ✓  Shorts and long-sleeved shirts to wear over polyprops
- ✓  Woollen jumper
- ✓  Windbreaker (essential)
- ✓  Sun block
- ✓  Lip balm
- ✓  Sunglasses with safety strap (optional)
- ✓  Sun hat
- ✓  Waterproof watch to time the start of sailing races (optional but useful if you want to win, which we do)